



# To learn a Conscious Use of Water

Teachers Sabrina Gysin and Francesca Demenga



**Project:** the issue in the lessons about Expo in the Kindergarten was centred on the consumption of water and washing hands. After a first observation of how the children wash their hands and what they already know about water, the lessons have been prepared.

The children have approached the topic through play: they have invented verses about washing hands, they have put photographs of the different steps involved into correct order and in groups they have been shown how to wash their hands correctly.

With some small finger puppets, they were told some stories about water in the world and the children have learned words connected to water and its inhabitants.

**Cognitive aim:** the idea was to develop awareness about the consumption of water and to teach the children to use less of it. In addition to this, the children have learned to know where one can find water.

**Result:** The use of the book «Cristallino auf der Suche nach seinen Farben» (Gnos Landolt M., Baeschli Verlag) which has accompanied all the lessons, has made the issue easily comprehensible to the young children, because they were able to develop a personal relationship with water. Through different methods used during the lessons, the cognitive process has been intense for the kids and the topics have been appealing.

<http://youtu.be/yG9vLEBneXQ>



## How to make bread

**Teacher Elfriede Bühler**

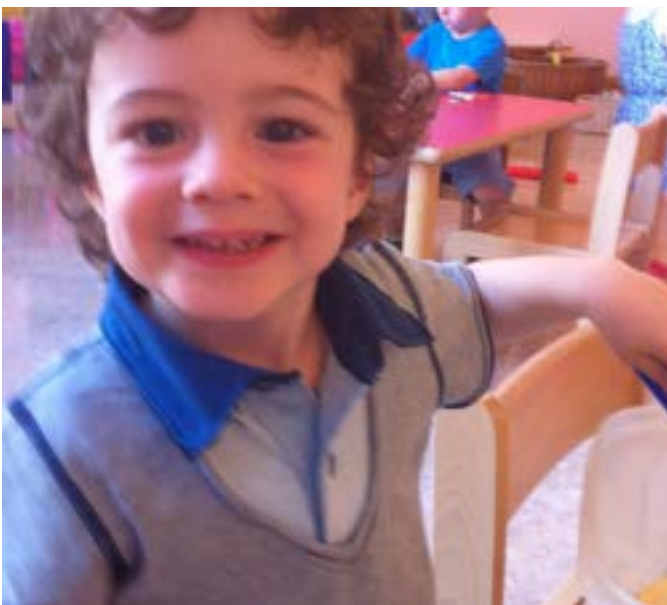
In order to teach the kindergarten class about bread, the teacher tells them about where flour comes from and how one can use it. Then the children put the flour on the table and form a little mountain with it and then a lake with the hands. They add water, yeast and salt, taking care not to allow the last two ingredients to touch each other. Now the children can mix it all up with their hands and then they let the dough grow. Once the bread dough is ready, the kids form different shapes they desire: grissini, little bread, schiacciatine. The bread will be baked in the kitchen and in the afternoon, there will be a perfect snack for everybody.

<http://youtu.be/qbbe0WId310>



## Healthy alimentation and division of rubbish

**Teachers Corina Lovati and Bea Brunner**



The aim of the lessons is to transmit to the kids the healthy food message. After learning about different forms of fruits, the children were able to list at least four healthy foods. Peeling and cutting different fruits and vegetables, the children develop their fine-motor skills and learn how to use a knife correctly. The third issue treated during the lessons is the division of rubbish and the children learn what you should throw in the compost.

<http://youtu.be/y0MMscMrerM>